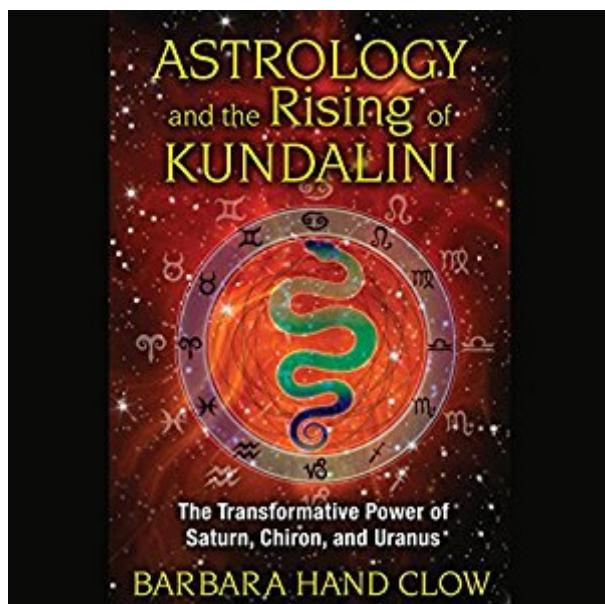


The book was found

# Astrology And The Rising Of Kundalini: The Transformative Power Of Saturn, Chiron, And Uranus



## Synopsis

Revised and updated edition of the classic astrology text on predicting and navigating life crises. Provides charts for the transits of Saturn, Uranus, and Chiron - now updated through 2050 - to predict your personal growth cycles and timing of kundalini rising Shares tools to cope with the intensity of spiritual emergency and direct the kundalini energy released during planetary passages Includes a new preface by the author reflecting on 20 years of success stories since the book's initial publication No astrological chart needed to use this book In this updated edition of Liquid Light of Sex, renowned astrologer and spiritual teacher Barbara Hand Clow explores the connection between life crises in your 30s, 40s, and 50s and the key astrological passages of Saturn, Uranus, and Chiron in your birth chart. She explains how kundalini energy - the "liquid light of sex" that lies at the base of the spine - is activated during these planetary transits, rising through the chakras and triggering the process of spiritual emergency and, in many cases, a cascade of health, emotional, and relationship problems as well as extreme anxiety. She shows that by understanding these astrological transits, you can be prepared for turbulent periods and successfully navigate them by creatively channeling the spiritual fire of kundalini. Clow provides astrological charts - now updated through 2050 for those born between 1930 and 2000 - detailing the cycles of Saturn, Uranus, and Chiron, so you do not need your birth chart to use this book. She explains how to use the charts to predict the onset and completion of each kundalini activation and corresponding crisis. She shares tools for individuals and therapists to cope with the intensity of spiritual emergency and too much fire energy, unblock the chakras, and integrate the power of kundalini for physical, emotional, and spiritual growth. Reflecting on 20 years of success stories since the book's initial publication, Clow presents a road map for using celestial cycles to navigate positively and productively in times of great life change.

## Book Information

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## Customer Reviews

I've read the entire book and feel that there should have been more information in regards to kundalini. It seemed to put more emphasis on astrology. That just me, but it was an eye opener. I would recommend this if you are experiencing kundalini.

This is a must read for anyone middle age. This is great for studying your natal chart. Great to see how & why your family act the way they do. It's in their chart!! Would love to study more astrology.

Lots of helpful info without having to consult an astrologer. A must read for people in midlife to understand cosmic influences!

It is so very interesting! I love the way she explains and tells along the way! Thanks Barbara!

Fantastically informative. If there is a mild curiosity, go ahead and get yourself a copy.

My absolute favorite book on Kundalini and astrology. I have only just discovered Barbara Hand Clow and am also reading her Alchemy of Nine Dimensions. Both are wonderful. Very inspired and important material so key to what humans are experiencing. Real explanations that assist in creating both a specific and an overall picture for what's happening with us individually and collectively. Wisdom that exceeded my expectations and important revelations for me personally. I've already purchased another as a gift! Thank you, Barbara.

Very inspiring,

This book is a tool for paying attention to planetary energies and how they relate to your natal chart. Even if you are new to investigating and field-testing astrology, you can start here with this book and not be overwhelmed with math and strange jargon.

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